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President, Johns Hopkins Medicine Howard County General Hospital

Howard County Local Health Improvement Coalition

LHIC Healthy Aging Work Group Meeting

10.24.2016 – 2:45-4:15 p.m.

HCHD in Barton B Conference Room

Minutes

Members Present:

Jillian Anderson, Howard County General Hospital	Jo McLaughlin, Transition Howard
Marsha Ansel, HC Mental Health Authority	Elizabeth Menachery, HC Health Department
Jennifer Asher, HC Commission on Aging	Andrew Monjan, Transition Howard County
Courtney Barkley, HC Office on Aging and Ind.	Tracy Novak, Howard County General Hospital
Renee Bitner, HC Health Department	Sheila Palmiotto, Howard County Health Department
Patricia Dugan, Columbia Association	Max Pettis, ALFA Specialty Pharmacy
Manuel Evangelista, AAA Physical Therapy	Charles Smith, Dept. of Comm. Resources and Services
Bruce Fulton, Neighbor Ride	Paul Verchiniski, Howard County Citizens Association
Peggy Hoffman, Office on Aging and Independence	Sharonlee Vogel, HC Commission on Aging
Jill Kamenetz, HC Office on Aging and Independence	

Guests Present:

Staff Present:

Rhonda Jenkins, LHIC Program Coordinator
Kelly Kesler, LHIC Program Director

Introductions:

Courtney Barkley, Healthy Aging Workgroup Delegate and Health and Wellness Division Manager, Howard County Office of Aging and Independence called the meeting to order at 2:50 p.m.

Approval of Minutes and Announcements:

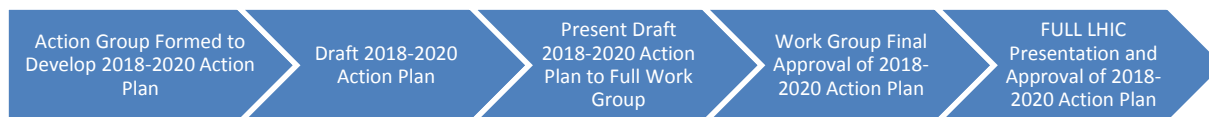
A motion to accept minutes as distributed was made by Sharonlee Vogel and seconded by Marsha Ansel. A motion to accept the agenda as presented was made by Sharonlee Vogel and seconded by Sheila Palmiotto.

Discussion of implementing action plan:

Renee Bitner presented the Healthy Aging priority statement selected by members of the workgroup that participated in a survey sent to all work group members for feedback. The priority statement for the work group selected is: to promote proactive personal planning for the future for our aging population and their social supports.

Kelly Kesler reminded the group of the previous discussion from the last meeting about identifying action items. As the FY18-20 is being reviewed, the group can decide on what action items could be

planned for the remaining fiscal year. The group was reminded that during the breakout session if any ideas emerge that cannot be accomplished by June 2017; those ideas can be revisited for the FY18-20 Action Plan.



Renee Bitner shared with the group that the focus of the meeting would be to determine what FY17 action item (s) could be meaningfully and realistically achieved in the given timeframe for the remainder of FY17. Kelly Kesler shared an example template for identifying the FY17 action item(s).

Group discussion centered on two main outcomes for FY17: the development of Referral Guide (advocacy focused) that would provide a directory of Services for Healthy Aging that directs citizens to the existing referral and support resources within the community that focus on future planning; and, the development of a summary report (needs assessment focused) for the LHIC Healthy Aging work group that will identify and synthesize existing needs assessments that have been done, resources and recommendations.

Paul Verchinski referenced some specific resources for consideration and use by the group. Links to both resources are included here: the [Aging and Wellness | Aging Mastery Program® | NCOA](#) (this course is part of the Aging Mastery Program) and videotaped sessions from two HCCA Forums <http://howardcountyhcca.org/aging/>.

Elizabeth Menachery suggested that action groups are formed to allow groups to meet and discuss additional information as much as possible. Sharonlee Vogel made a motion for Charles Smith to lead a subgroup to summarize existing reports. Andrew seconded and accepted to assist. Charles Smith agreed to draft a white paper that synthesizes resources that are already available and that are relevant to the group.

Marsha Ansel suggested that another subgroup be established to find resources from the groups' agencies and other existing ones. Elizabeth Menachery made a motion to create a second action group that would review existing and current educational resources in the community. Sheila Palmiotto agreed along with Marsha Ansel to lead this subgroup.

Next Steps:

- Leads of both subgroups to provide the meeting day and time of both subgroups by Friday, October 28.
- Previous meeting minutes with descriptions of various organizations and what services they provide will be resent from prior work group meeting.
- Work group members were invited to attend the Community Health Forum on October 27, 2016.

The meeting adjourned at 4:15 p.m.

Future Meeting Dates:

Work Group

The work group meetings will take place at 2:45-4:15 p.m. on the following dates at HCHD in Barton A.
November 28, 2016; December 19, 2016 February 27, 2017 March 20, 2017 and May 22, 2017.

*Please note scheduling may reflect changes due to holidays.

FULL LHIC

January 26, 2017	8:30-10:30 am
April 27, 2017	8:30-10:30 am
June 22, 2017	8:30-10:30 am
September 21, 2017	8:30-10:30 am

Respectfully submitted by
Rhonda Jenkins
LHIC Program Coordinator